



# New Adventures in Learning

<https://NewAdventuresInLearning.org>

*39 Classes  
on many  
exciting topics!*

## 2026 SUMMER SEMESTER CLASS DETAILS

*Starting June 1, 2026*



*Join Us  
as a  
Lifelong Learner*

25105 S. Alma School Road, Sun Lakes  
(Corner of Riggs Road and Alma School Road)  
Phone: 480 857 5500

Learn more at: <https://NewAdventuresInLearning.org>



# ABOUT US

## ***New Adventures in Learning (NAIL)***

### ***Background***

New Adventures in Learning began in 1998 when a small group of Sun Lakes residents and Chandler-Gilbert Community College saw a need for a program for seniors who value lifelong learning. The program initially offered just a few classes, which quickly grew into a wide variety of topics. The program has grown each year since its inception, and in 2006, CGCC expanded the Sun Lakes Center to create more New Adventures classrooms. Today, the program continues to rely on its all-volunteer staff to carry out its purpose.

### ***Mission***

The mission of New Adventures in Learning (NAIL) is to provide a variety of interesting and educational opportunities at a reasonable cost to mature adults of the Southeast Valley.

### ***How it works***

The program, which is run entirely by volunteers and supported by Chandler-Gilbert Community College (CGCC), gives seniors access to dozens of classes every spring, summer, and fall. Topics include everything from military history and genealogy to AI and current events.

There is a low annual membership fee of \$60 that goes to the NAIL organization. In addition, you can take as many classes as you'd like for a \$20 registration fee each semester. Maintaining your membership keeps your access to member-only mailings and events.

### ***Membership Cycles***

Annual Summer	- May 1 - April 30
Annual Fall	- August 1 - July 31
Annual Spring	- January 1 - December 31

## ***Learning is its own reward.***

### ***But there are extra benefits***

In addition to having fun, meeting new people, and keeping your mind active and healthy, being a New Adventures in Learning member makes you a CGCC student. And that means you get to take advantage of all the benefits that go along with being a student including:

- ◆ Access to college services, such as the library and computer lab
- ◆ Free Microsoft Office 365 software
- ◆ Student prices at the Coyote Fitness Center
- ◆ Discount tickets at the Arnett Ward Performing Arts Center
- ◆ Student admission prices for all Maricopa County Community College District's athletic games and sports programs
- ◆ Discounts at participating area businesses, museums, and entertainment venues

### ***Location***

New Adventures in Learning classes are held at the Sun Lakes Center of Chandler-Gilbert Community College located on the northeast corner of Alma School and Riggs roads.

25105 S. Alma School Rd.  
Sun Lakes, AZ 85248  
480-857-5500

### ***Hours of Operation***

Academic Year (mid-August to mid-May)  
Monday – Thursday, 8 a.m. – 5 p.m.  
Friday, Remote access, 8 a.m. – 5 p.m.

Summer Semester (mid-May to mid-August)  
Monday – Thursday, 8 a.m. – 5 p.m.

***We look forward to seeing you!***



# Lifelong Learning



# New Adventures in Learning

<https://NewAdventuresInLearning.org>



## Letter from the President

### Welcome to New Adventures in Learning—Summer Semester Is Here!

As the days grow longer and the Arizona sun shines a little brighter, it's the perfect time to reconnect, explore new ideas, and enjoy the vibrant community that makes *New Adventures in Learning* so special. We're delighted to welcome you to our summer semester, filled with engaging programs, meaningful discussions, and opportunities to learn something new each week.

This season, we've put together a diverse and stimulating lineup to spark curiosity and foster connection. Whether you're interested in history, health, or simply enjoying time with fellow members, there's something for you.

Our summer offerings include a variety of activities such as movies, luncheons, museum visits, and lively group discussions. You can dive into fascinating presentations on topics such as personal finances, Arizona history, and the remarkable story of the Boeing KC-135 Stratotanker. We'll also explore important and timely subjects, including health care options in Mexico, as well as informative sessions on CBD oil, THC, and medical marijuana use.

For those focused on health and wellness, we're introducing several new presentations this semester. Learn more about managing diabetes, strategies for those who are hard of hearing, and practical approaches to maintain healthy blood pressure. These sessions are designed to provide valuable insights and tools you can use in everyday life.

Of course, one of the highlights of New Adventures in Learning is the opportunity to connect with others. Our book discussions, social gatherings, and shared experiences offer a welcoming space to meet new friends and strengthen existing connections.

We're excited about what this summer holds and look forward to sharing it with you. Thank you for being part of this wonderful community.

We thank the volunteers who help make this journey possible each semester. We have presenters, council members, and Chandler-Gilbert Community College staff. We also thank the volunteers who handle scheduling, workbook setup, data entry, and proofreading. There are many overlaps in duties. Volunteers accept, categorize, and verify presenter proposals; create web pages for marketing; and create and publish the Curriculum Guide and Class List. We thank the technical volunteers who help with the software. Our volunteers are a proud group who work together throughout the year.

We appreciate our partnership with New Frontiers for Lifelong Learning at Mesa Community College. This partnership allows us to share our online presentations, thereby enhancing both of our programs.

We look forward to seeing you!

Virginia Allen, President

## NAIL

### *New Adventures in Learning*

is in its 29th year of offering lifelong learning opportunities. We continue to offer numerous classes on multiple interesting topics in different formats.

In an effort to keep up with the times, we have expanded our outreach by coordinating with other lifelong learning programs to offer a wide range of in-person and online classes.

**Join us as  
a Lifelong Learner**



*"Tell me and I forget,  
teach me and I may  
remember,  
involve me and I learn." —  
Benjamin Franklin*



# The importance of senior lifelong learning

<https://NewAdventuresInLearning.org>



**Neuroplasticity:** Learning creates new synapses and neural connections, improving memory, attention, and problem-solving skills.

**Disease Prevention:** Intellectual stimulation is linked to a lower risk of cognitive decline; some studies suggest up to a 19% lower risk of developing memory loss disorders.

**Emotional Empowerment and Purpose:**

**Sense of Achievement:** Mastering a new skill, such as playing a musical instrument or painting, boosts self-esteem and provides a profound sense of accomplishment.

**Identity Restoration:** For many, retirement can lead to a loss of professional identity. Lifelong learning offers a "new chapter" for rediscovering passions and maintaining a sense of direction.

**Mental Well-being:** Educational engagement is linked to lower rates of depression and anxiety, helping seniors maintain a more positive outlook on life.

**Social Connection and Community:**

**Combatting Isolation:** Group-based learning, such as book clubs or discussion groups, serves as a vibrant social hub, fostering friendships with peers who share similar interests.

**Physical Wellness and Independence:**

**Active Learning:** Many subjects, such as dance, yoga, and nature-focused workshops, incorporate physical activity that improves balance and cardiovascular health.

**Digital Literacy:** Mastering smartphones and computers empower seniors to use telehealth services, manage finances, and stay connected with family via video calls.

*Join us! We look forward  
to seeing you,*

*Summer Classes start on  
June 1, 2026*

The volunteers at New Adventures In Learning are all driven by a passion for the joy and beauty of lifelong learning. All presenters bring experience and knowledge to the classroom while fostering the pure joy of camaraderie among students. Going back to school without homework, difficult exams, or the pressure to graduate. Just fun and learning for the sake of learning.

Lifelong learning is vital for seniors because it serves as a "workout for the brain," significantly preserving cognitive function and slowing the onset of age-related decline. Engaging in new challenges—such as learning a second language or mastering digital technology—strengthens neural pathways and helps build a "cognitive reserve" that protects against dementia and Alzheimer's disease. Beyond mental sharpness, continuing education provides a critical social lifeline, helping older adults build meaningful connections through group classes and workshops, and directly combating the health risks of social isolation and loneliness.

## Key Benefits of Senior Lifelong Learning

**Brain Health and Mental Agility:**

**Cognitive Defense:** Studies show that seniors who regularly learn new things perform as well as adults 30 years younger on cognitive tests.



## WHY BECOME A LIFELONG LEARNER

<https://newadventuresinlearning.org>

*Think About This:*

*For just \$60.00, plus \$20.00 per semester,  
you will have access to  
hundreds of classes and experiences*



- ◆ Access to college services, such as the library and computer lab
- ◆ Free Microsoft Office 365 software
- ◆ Student prices at the Coyote Fitness Center
- ◆ Discount tickets at the Arnett Ward Performing Arts Center
- ◆ Student admission prices for all Maricopa County Community College District's athletic games and sports programs
- ◆ Discounts at participating area businesses, museums, and entertainment venues

*Join us as a **NAIL** member and  
become part of our  
Lifelong Learning Family*



# **New Adventures in Learning**

## **Summer 2026 Classes**

### **June 1st to July 30<sup>th</sup>**

Online classes are identified in their titles with "ZOOM". On-site courses are designated by a "C" after the ID number and are held at the Sun Lakes Center. Off-site classes are indicated by a "T" after their identification numbers.

**X0539C - Solar Savvy in the Sunniest State**

**X0633C - Understanding Car Repairs Before You Agree**

**X1037C - Make a Bowl, Make a Difference**

**X1338C - Everything to Know About Being Hard of Hearing or Deaf**

**X1403C - Slow and Saucy Italian Crock Pot Cooking**

**X1404C - Diabetes 101...What Your Doctor Didn't Tell You**

**X1405C - Diabetes 101...What Your Doctor Didn't Tell You**

**X1423C - Keep Someone Stayin' Alive: A CPR/AED Course**

**X1424C - Aging Strong: Managing Your Blood Pressure**

**X1427C - Proven Health Benefits of CBD and THC**

**X1428C - Los Algodones: A Gateway to Affordable Medical & Dental Care**

**X1429Z-NA - Proven Health Benefits of CBD and THC**

**X1517C - Creating Retirement**

**X1608C - Movie Thursday: "Kingsman: The Secret Service"**

**X1609C - Movie Thursday: "The Martian"**

**X1610C - Movie Thursday: "Going in Style"**

**X1611C - Movie Thursday: "The Monuments Men"**

**X1612C - Movie Thursday: "Knives Out"**

**X1613C - Movie Thursday: "True Grit"**

**For full information, visit [www.newadventuresinlearning.org](http://www.newadventuresinlearning.org)**

**X1614C - Movie Thursday: "The Proposal"**

**X1715C - New Adventures On-going Book Club A**

**X1716C - New Adventures On-going Book Club B**

**X1825T - June 2026 Lunch Bunch at the Perfect Pear Bistro**

**X1826T - July 2026 Lunch Bunch Legends Showcase**

**X1935C - Protect Yourself from Scams**

**X2119C - "Who We Are": A study of race relations in America**

**X2130C - Living Life After Loss: Making Sense of the Unexpected**

**X2136C - Your Life Your Legacy**

**X2206T - Merchant Square Antiques & Lunch at American Way Smokehouse**

**X2207T - Huhugam Heritage Center- tour and sack lunch**

**X2318C - The Tulsa Race Massacre**

**X2320C - Arizona Wild Territorial Days and its Economic Development**

**X2321C - Arizona's National Monuments and Parks**

**X2332C - The Roots of Rock n Roll**

**X2334C - Route 66: The Quintessential Road Trip**

**X2340Z-NF - Inventions That Changed the World**

**X2341Z-NF - What Ifs of American History - A Great Course**

**X2701Z-NA - Boeing KC-135 Stratotanker**

**X3002C - Victory by The Numbers: Fantasy Sports for All**

**For full information, visit [www.newadventuresinlearning.org](http://www.newadventuresinlearning.org)**

**PAGE THROUGH THE NEXT 13 PAGES TO LEARN MORE DETAILS**

**Registration Opens May 18, 2026**



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### X0539C - Solar Savvy in the Sunniest State

1 Session | In-Person, Monday 6/8/2026 at 10 am.

#### Program Description

This class will provide a primer on solar and the technology involved, tips and resources for purchasing a solar system with a reputable installer for an affordable price, how the landscape around solar has changed in 2026, and what you can do to be an informed customer throughout this process. Students with any background in solar, whether they're just considering it or have had solar for years, are welcome to join and bring questions!

#### Instructor: Jess White

Jess is a former wildlife biologist who has a deep passion for people which, combined with her love of the natural world, led her to Solar United Neighbors. In her capacity as the Arizona Program Associate with this nonprofit, she focuses on solar accessibility through education, advocacy, and programs which make it more affordable for folks to go solar while feeling empowered in their decision.



### X0633C - Understanding Car Repairs Before You Agree

1 Session | In-Person, Thursday 6/25/2026 at 9 am.

#### Program Description

Designed for non-experts, this presentation translates automotive jargon into everyday language. A veteran technician walks through the major systems -engine, cooling, suspension, and electrical- using visuals and real parts to illustrate key concepts. Attendees gain practical knowledge that builds confidence, reduces anxiety about repairs, and encourages smarter vehicle ownership.



#### Instructor: Patrick Foy

Patrick Foy is the Owner/Technician of Foy's Auto Repair LLC. He has been a mechanic for 20 years.

### X1037C - Make a Bowl, Make a Difference

1 Session | In-Person, Thursday 6/11/2026 at 3 pm.

#### Program Description

Create your own ceramic bowl for the Empty Bowls 2026 event while supporting local food-insecurity efforts. This hands-on class lets you explore basic pottery techniques and enjoy getting your hands a little dirty for a great cause. All materials are provided, and no experience is needed. Join us on the Sun Lakes campus and craft a bowl that will make a difference.



#### Instructor: Michael Ceschiat

Michael Ceschiat is a residential faculty member and faculty lead of the Ceramics program at Chandler-Gilbert Community College. Michael has been making, exhibiting and teaching ceramics for over three decades. Michael's ceramic and steel sculptures have been shown nationally and internationally. Michael has a Bachelors degree of Fine Arts from Columbus College of Arts and Design majoring in ceramics and sculpture and a Masters of Fine Arts in Ceramics Sculpture from the University of New Mexico.



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#### **X1338C - Everything to Know About Being Hard of Hearing or Deaf** 1 Session | In-Person, Tuesday 7/21/2026 at 10 am.

##### **Program Description**

Christy Abrams, Hard of Hearing Specialist, and Kim Minard, Deaf Specialist, from the Arizona Commission for the Deaf and the Hard of Hearing will share their expertise and insight on factors that affect people who are hard of hearing or deaf. Communication access, emotional impact, assistive technology, cultural sensitivity, self advocacy and beyond will be discussed, with plenty of time for Q&A.



##### **Instructor: Kim Minard**

Kim Minard is the Deaf Specialist at ACDHH. She is a proud graduate of Gallaudet University with a Bachelor's degree in Communications Arts. Kim provides deaf people with information and referral services, empowerment initiatives, community development programs, outreach efforts, and educational support. One of her key roles is to advocate for the rights of deaf citizens, ensuring that they have access to communication and resources that facilitate their full participation in society.

#### **X1403C - Slow and Saucy Italian Crock Pot Cooking**

1 Session | In-Person, Tuesday 6/30/2026 at 3 pm.

##### **Program Description**

There's no need to simmer in the Summer. Keep cool with Julia in Italian Crock Pot, Slow and Saucy. Easy recipes shared and a taste or two of delicious slow-cooked Italian dishes. Laugh and learn with one more crockpot class.



##### **Instructor: Billie Jordan**

Billie Jordan is a retired RN with years of experience in several fields of nursing. She has a love of teaching and incorporated that in her professional and personal life. She has facilitated classes and discussions on health and wellness issues and has been an employee advisor for corporations such as State Farm and Intel. In her retirement, she continues her quest for healthy living, knowledge and sharing information with others.

#### **X1404C - Diabetes 101...What Your Doctor Didn't Tell You**

1 Session | In-Person, Wednesday 7/22/2026 at 1 pm.

##### **Program Description**

Every human is prone to diabetes. This gets worse with age. Every diabetic, if they don't make the right choices, will get worse, with worsening sugar control and more meds. Find out critical info that you likely have never heard before, including the real info on the GLP-1 drugs.



##### **Instructor: James Bogash**

James Bogash, D.C., has training in physiology and functional medicine, which examine how the environment interacts with the body to produce health and disease.



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#### **X1405C - Diabetes 101...What Your Doctor Didn't Tell You** 1 Session | In-Person, Thursday 6/4/2026 at 10 am.

##### **Program Description**

Every human is prone to diabetes. This gets worse with age. Every diabetic, if they don't make the right choices, will get worse, with worsening sugar control and more meds. Find out critical info that you likely have never heard before, including the real info on the GLP-1 drugs.



##### **Instructor: James Bogash**

James Bogash, D.C., has training in physiology and functional medicine, which examine how the environment interacts with the body to produce health and disease.

#### **X1423C - Keep Someone Stayin' Alive: A CPR/AED Course** 1 Session | In-Person, Tuesday 6/23/2026 at 3 pm.

##### **Program Description**

According to the American Heart Association, 436,000 Americans die annually from cardiac arrest. But most of these deaths could have been prevented by taking action with CPR. In this course, you will learn how to properly perform CPR and properly use an AED, a life-saving device when someone undergoes cardiac arrest, with an American Heart Association-approved curriculum. We will also explore common misconceptions about how to act when saving a life - and have fun along the way!



##### **Instructor: Sejal Katyal**

Sejal Katyal is a rising junior at ACP High School. She is passionate about helping the community take better care of their health. She has presented at CGCC with a presentation on combating the opioid epidemic, and she would like to continue giving back to the community by informing others about other health topics. By signing up for her classes, you will learn more about current health issues affecting Americans and how you can take action today.

#### **X1424C - Aging Strong: Managing Your Blood Pressure** 1 Session | In-Person, Thursday 7/9/2026 at 3 pm.

##### **Program Description**

Managing your blood pressure can be difficult, but it is important to do since a normal blood pressure decreases your risk for stroke and cardiovascular disease. This class hopes to make you feel less overwhelmed by covering how to properly measure your blood pressure - from the most active to the couch-potatoes. We will also cover common misconceptions regarding managing a healthy blood pressure and offer some tips given by the American Heart Association!



##### **Instructor: Sejal Katyal**

Sejal Katyal is a rising junior at ACP High School. She is passionate about helping the community take better care of their health. She has presented at CGCC with a presentation on combating the opioid epidemic, and she would like to continue giving back to the community by informing others about other health topics. By signing up for her classes, you will learn more about current health issues affecting Americans and how you can take action today.



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### X1427C - Proven Health Benefits of CBD and THC

1 Session | In-Person, Tuesday 6/2/2026 at 10 am.

#### Program Description

“Lessons via Leaders, Podcast Interview with Dr. Michelle Weiner - Medical Marijuana and CBD Expert.” Join us as we watch this incredible 60 minute interview about a topic that is rapidly evolving. Learn about different forms of cannabis and how CBD and THC can be utilized to treat specific symptoms and can help with such issues as sleep, anxiety, Alzheimer's and Parkinson's diseases along with other neurological diagnoses. Following the video there will be a discussion Q&A.



#### Instructor: Robert Truman

Rob has over 40 years of experience in information technology and Internet-related fields. He is a retired U.S. Navy Chief Electronics Technician and has worked as a Technical Support professional for Microsoft. Rob holds a Master of Arts degree in Adult Education (MAEd) and a Bachelor of Science degree in Information Technology (BSIT). He designed and maintains a website/blog called Geezer Tek which focuses on helping the local senior community with their technology needs.

### X1428C - Los Algodones: A Gateway to Affordable Medical & Dental Care

2 Sessions | In-Person, Wednesday 6/24/2026 and 7/1/2026 at 10 am.

#### Program Description

Explore dental tourism in Los Algodones, Baja California, Mexico, a top destination for affordable, high-quality care. Learn about Amazing Dental Care, our services, and meet our experienced dentists and support staff. Discover how Mexico combines excellent dental treatment with a cost-effective, seamless experience.



#### Instructor: Andrea Chisolm

Andrea Chisolm, with a CS bachelors and a masters in International Finance, became interested in investing in Los Algodones' dental sector. With 20 years' experience, she will discuss dental tourism, Mexico's benefits, amazing dental care, and its most popular procedures and services.

### X1429Z-NA - Proven Health Benefits of CBD and THC (ZOOM)

1 Session | Online, Friday 7/10/2026 at 10 am.

#### Program Description

“Lessons via Leaders, Podcast Interview with Dr. Michelle Weiner - Medical Marijuana and CBD Expert.” Join us as we watch this incredible 60 minute interview about a topic that is rapidly evolving. Learn about different forms of cannabis and how CBD and THC can be utilized to treat specific symptoms and can help with such issues as sleep, anxiety, Alzheimer's and Parkinson's diseases along with other neurological diagnoses. Following the video there will be a discussion Q&A.



#### Instructor: Robert Truman

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### X1517C - Creating Retirement

1 Session | In-Person, Wednesday 6/3/2026 at 10 am.

#### Program Description

Retirement isn't one moment. It's something you continue to shape over time. This class explores how to move from working years into retirement and how to refine your plan once you're there. Learn how shifting from growth to income, creating predictable income for the things you love, and using different investment tools can help shape a retirement that feels both flexible and intentional. Designed for individuals, couples and business owners planning their next chapter.

#### Instructor: Stacey Bendfelt

Stacey Bendfelt is a financial advisor with Raymond James who helps individuals, couples, and business owners make sense of their finances and to turn savings into reliable income. She blends practical, tax-smart strategies with clear guidance to help simplify retirement planning. Based in Arizona, Stacey teaches engaging seminars in 55+ communities focusing on creating clarity, balance, and confidence for the years ahead.



### X1608C - Movie Thursday: "Kingsman: The Secret Service"

1 Session | In-Person, Wednesday 6/4/2026 at 1 pm

#### Program Description

An action-comedy spy film. A British spy organization recruits a promising street kid into the agency's training program, while a global threat emerges from a twisted tech genius. Starring Colin Firth, Taron Egerton, and Samuel L Jackson Running time: 2hrs + 9 minutes.

#### Instructor: Ronda Schnoor

Ronda is a Phoenix native, Air Force veteran, and retired FAA Air Traffic Controller (30-year career). She really enjoys planning and organizing trips and activities. She loves being outdoors in the fresh air observing all of nature and her favorite pastimes include anything involving time on or in the water and attending as many performing arts shows as she can cram into one weekend.



### X1609C - Movie Thursday: "The Martian"

1 Session | In-Person, Thursday 6/11/2026 at 1 pm

#### Program Description

"The Martian" (2015) is a sci-fi survival drama directed by Ridley Scott, starring Matt Damon as an astronaut mistakenly presumed dead and abandoned on Mars. Relying on his ingenuity, the botanist must survive in a hostile environment while NASA works to rescue him. Running time : 2hrs + 21 minutes

#### Instructor: Ronda Schnoor

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#### X1610C - Movie Thursday: "Going in Style"

1 Session | In-Person, Thursday 6/25/2026 at 1 pm

##### Program Description

American comedy film. Stars include Morgan Freeman, Michael Caine, and Alan Arkin. Lifelong buddies decide to buck retirement and step off the straight and narrow when their pension fund becomes a corporate casualty. The three embark on a daring bid to knock off the bank that absconded with their pension money.

Running time: 1 hr + 36 minutes.



##### Instructor: Ronda Schnoor

Ronda is a Phoenix native, Air Force veteran, and retired FAA Air Traffic Controller (30-year career). She really enjoys planning and organizing trips and activities. She loves being outdoors in the fresh air observing all of nature and her favorite pastimes include anything involving time on or in the water and attending as many performing arts shows as she can cram into one weekend.

#### X1611C - Movie Thursday: "The Monuments Men"

1 Session | In-Person, Thursday 7/9/2026 at 1 pm

##### Program Description

"The Monuments Men" (2014) is a World War II action-drama directed by and starring George Clooney. Based on a true story, it follows an Allied team of art curators, historians, and architects—not regular soldiers—who risk their lives to rescue priceless, Nazi-stolen masterpieces before they are destroyed.

Running time: 1 hr + 58 minutes.



##### Instructor: Ronda Schnoor

Ronda is a Phoenix native, Air Force veteran, and retired FAA Air Traffic Controller (30-year career). She really enjoys planning and organizing trips and activities. She loves being outdoors in the fresh air observing all of nature and her favorite pastimes include anything involving time on or in the water and attending as many performing arts shows as she can cram into one weekend.

#### X1612C - Movie Thursday : "Knives Out"

1 Session | In-Person, Thursday 7/16/2026 at 1 pm

##### Program Description

"Knives Out" (2019) is a stylish, witty whodunit murder mystery. When wealthy author Harlan Thrombey is found dead, Detective Benoit Blanc (Daniel Craig) investigates his eccentric, dysfunctional family, uncovering a web of lies. It is a comedic, modern take on classic Agatha Christie-style mysteries.

Running time: 2hrs + 10 minutes.



##### Instructor: Ronda Schnoor

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### X1613C - Movie Thursday: "True Grit"

1 Session | In-Person, Thursday 7/23/2026 at 1 pm

#### Program Description

"True Grit" (2010) is a Western drama. It follows 14-year-old Mattie Ross (Hailee Steinfeld) as she hires a boozy, tough U.S. Marshal, Rooster Cogburn (Jeff Bridges), to track down her father's murderer (Josh Brolin) in Indian Territory, joined by a Texas Ranger (Matt Damon).  
Running time: 1 hr + 50 minutes.



#### Instructor: Ronda Schnoor

Ronda is a Phoenix native, Air Force veteran, and retired FAA Air Traffic Controller (30-year career). She really enjoys planning and organizing trips and activities. She loves being outdoors in the fresh air observing all of nature and her favorite pastimes include anything involving time on or in the water and attending as many performing arts shows as she can cram into one weekend.

### X1614C - Movie Thursday: "The Proposal"

1 Session | In-Person, Thursday 7/30/2026 at 1 pm

#### Program Description

"The Proposal" (2009) is a romantic comedy starring Sandra Bullock as a high-powered book editor facing deportation to Canada, who forces her overworked assistant (Ryan Reynolds) to marry her to maintain her visa status. They travel to Alaska to meet his family, turning a fake engagement into a genuine romance.  
Running time: 1 hr + 48 minutes.



#### Instructor: Ronda Schnoor

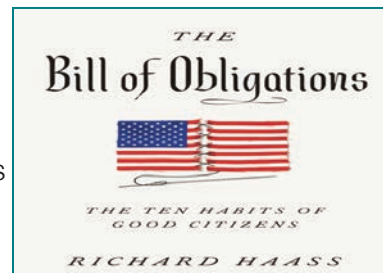
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### X1715C - New Adventures On-going Book Club A

1 Session | In-Person, Monday 6/1/2026 at 1 pm

#### Program Description

We will discuss "The Bill of Obligations" by Richard Haass. This is a follow-up to a spring semester class. The facilitator is still to be determined. Haass argues that American democracy needs citizens to embrace responsibilities alongside their rights to counter division, proposing ten habits for good citizenship. Since July 2015 we have discussed 60 books, mostly non-fiction .



#### Instructor: William Haskell

Bill Haskell has presented many New Adventures courses on interesting and diverse subjects ranging from science to history, including many in The Great Courses series.



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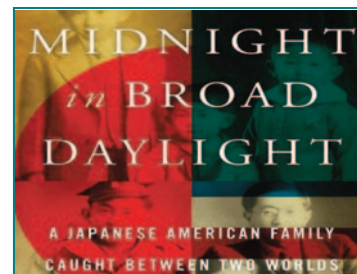
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### X1716C - New Adventures On-going Book Club B

1 Session | Of-Site, Monday 7/6/2026 at 10 am

#### Program Description

We will discuss "Midnight in Broad Daylight" by Pamela Sakamoto. Meticulously researched and beautifully written, the true story of a Japanese American family that found itself on opposite sides during World War II—an epic tale of family, separation, divided loyalties, love, reconciliation, loss, and redemption—this is a riveting chronicle of U.S.–Japan relations and the Japanese experience in America.



#### Instructor: William Haskell

Bill Haskell has presented many New Adventures courses on interesting and diverse subjects ranging from science to history, including many in The Great Courses series.

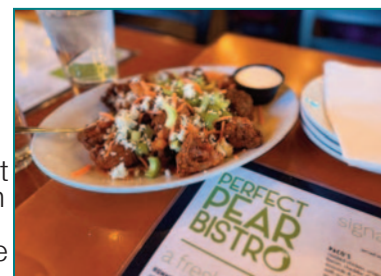
### X1825T - June 2026 Lunch Bunch at the Perfect Pear Bistro

1 Session | Of-Site, Friday 6/12/2026 at 11:30 am

#### Program Description

Join other members of New Adventures in Learning for lunch at the Perfect Pear Bistro. We will meet at 2510 W. Chandler Blvd., Chandler, on Friday, June 12th at 11:30 A.M. Crossroads: NE corner of Freeway 101 and W. Chandler Blvd. (North side of W. Chandler Blvd. near N. Ellis St.)

Associated Cost: \$15 to \$25 Note: By registering for this event you acknowledge that your contact information will be shared with the event coordinator.



#### Instructor: Virginia Allen

Virginia Allen has served New Adventures as secretary, president-elect, and is now serving as president. She served as a university library systems coordinator with the rank of assistant professor and retired from Lamar University after 30 years.

### X1826T - July 2026 Lunch Bunch Legends Showcase

1 Session | Of-Site, Friday 7/10/2026 at 11:30 am

#### Program Description

Join other members of New Adventures in Learning for lunch at Legends Showcase restaurant. We will meet at 2386 N. Alma School Rd., Chandler, AZ, on Friday, July 10th at 11:30 A.M. Crossroads: West side of N. Alma School Rd. between W. El Alba Way and W. Mesquite St. Associated Cost: \$15 to \$35

Note: By registering for this event you acknowledge that your contact information will be shared with the event coordinator.



#### Instructor: Virginia Allen

Virginia Allen has served New Adventures as secretary, president-elect, and is now serving as president. She served as a university library systems coordinator with the rank of assistant professor and retired from Lamar University after 30 years.



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#### **X1935C - Protect Yourself from Scams**

1 Session | In-Person, Wednesday 7/23/2026 at 10 am

##### **Program Description**

Short 20-30 min presentation dedicated to bringing awareness to a current issue with Scams targeting our senior population. A very interactive presentation where we will explore the types of scams, key elements to look for and what to do if you become a victim of a scam. There will be a resources booklet to follow along with the video presentation. After there will be a 5-10 min Q&A.



##### **Instructor: Andrea Myers**

Andrea is a locally licensed Medicare agent for Humana. With over a decade of experience in the healthcare industry she serves as a bilingual advocate to our senior population in the East Valley. She is a board member of the East Valley Hispanic Chamber of Commerce, with extensive experience in community outreach.

#### **X2119C - "Who We Are" : A study of race relations in America**

2 Sessions | In-Person, Monday 6/15 + Wednesday 6/17/2026 at 9 am

##### **Program Description**

The first session will show a two hour documentary by Jeffery Robinson on the history and status of race relations in America. A graduate of Harvard Law School, Jeffery is a riveting presenter. The second session will be about one hour and will be a discussion of the film.



##### **Instructor: Eugene Lariviere**

Gene is a retired pediatrician from N.H. He has led many New Adventures Classes, mostly in areas of history.

#### **X2130C - Living Life After Loss: Making Sense of the Unexpected**

1 Session | In-Person, Tuesday 6/2/2026 at 1 pm

##### **Program Description**

In this class, participants will learn about grief as a process and how to navigate its most common features. New perspectives on grief will be shared, enabling participants to reframe how they see themselves and engage in key tasks for moving forward.



##### **Instructor: Stephen Gardner**

Dr. Stephen Gardner, a retired U.S. Army veteran with over 40 years of faith and community service, serves as Chaplain, Bereavement Counselor, and Veteran Community Liaison with Hospice of the Valley. A Certified Thanatologist and Speakers Bureau member, he shares expertise in end-of-life care. Dr. Gardner holds a Doctorate in Organizational Leadership and is active on veteran committees. He is married with five children and five grandchildren.



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#### **X2136C - Your Life Your Legacy**

1 Session | In-Person, Monday 6/29/2026 at 10 am

##### **Program Description**

This interactive presentation addresses the advantages of pre-arranging a funeral, including the benefits of planning and steps involved in the planning process. Most of us plan for important life events, such as weddings, our children's education and retirement. But few of us prepare for the inevitable. This fast-moving program addresses the importance of making your final arrangements in advance and the steps to take.



##### **Instructor: Hallie Lang**

Hallie Lang is an Arizona Native. She enjoys the Arizona sunrise and sunsets. She went to the University of Arizona and received her Bachelors Degree in Anthropology. She found her passion in the death care industry 15 years ago. It brings her comfort to educate individuals about the importance of planning in advance. As a licensed funeral director and embalmer, she has first hand experience in guiding families through the most difficult day of their lives.

#### **X2206T - Merchant Square Antiques & Lunch at American Way Smokehouse**

1 Session | Off-Site, Friday 6/26/2026 at 10:30 am

##### **Program Description**

FIELD TRIP: Step into a treasure-filled adventure packed with antiques, vintage finds, rare toys, décor, and one-of-a-kind surprises from hundreds of vendors. There's always something new to discover... and great eats next door at American Way Smokehouse. A fun, hands-on trip through history! Note: Meet at Merchant Square, 1509 N Arizona Ave, Chandler, AZ. Browse independently from 10:30-11:30 AM, then meet for lunch at the onsite restaurant American Way Smokehouse from 11:30 AM-1:00 PM. Associated Cost: Lunch \$10-20 Note: By registering for this event you acknowledge that your contact information will be shared with the event coordinator.



##### **Instructor: Ronda Schnoor**

Ronda is a Phoenix native, Air Force veteran, and retired FAA Air Traffic Controller (30-year career). She really enjoys planning and organizing trips and activities. She loves being outdoors in the fresh air observing all of nature and her favorite pastimes include anything involving time on or in the water and attending as many performing arts shows as she can cram into one weekend.

#### **X2207T - Huhugam Heritage Center- tour and sack lunch**

1 Session | Off-Site, Friday 7/24/2026 at 10:30 am

##### **Program Description**

FIELD TRIP : Tour a modern, beautifully curated museum with free admission. Explore rich history, stunning pottery and baskets, moving veterans' stories, interactive exhibits, and a scenic courtyard/rooftop. A powerful, insightful look into the Gila River Indian Community and its culture. NOTE: Meet at the location 21359 S. Maricopa Rd, Chandler, Az 85226. Optional: BRING a sack lunch to enjoy together (indoors) after the tour. A private room will be provided. Associated Cost: None. Note: By registering for this event you acknowledge that your contact information will be shared with the event coordinator.



##### **Instructor: Ronda Schnoor**

Ronda is a Phoenix native, Air Force veteran, and retired FAA Air Traffic Controller (30-year career). She really enjoys planning and organizing trips and activities. She loves being outdoors in the fresh air observing all of nature and her favorite pastimes include anything involving time on or in the water and attending as many performing arts shows as she can cram into one weekend.



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#### X2318C - The Tulsa Race Massacre

1 Session | In-Person, Tuesday 6/9/2026 at 1 pm

##### Program Description

One of the worst racial tragedies in American history occurred in Tulsa in 1921. A young Black man accidentally steps on the foot of a young white woman elevator operator. She screams. A lynch mob forms and Blacks come to protect the young man. A riot erupts which destroys 36 square blocks of the country's most successful Black neighborhood. Hundreds of Blacks die and thousands lose their property and homes. The history is buried for years. The issues that result are still unresolved.



##### Instructor: Eugene Lariviere

Gene is a retired pediatrician from N.H. He has led many New Adventures Classes, mostly in areas of history.

#### X2320C - Arizona Wild Territorial Days and its Economic Development

1 Session | In-Person, Tuesday 6/22/2026 at 9 am

##### Program Description

This presentation is of the wild history of Arizona. It's prospecting and mining towns, saloons, gambling, brothels, lawless gunfighting days, military forts, and Indian wars. It is a wonder how Arizona achieved statehood as the 48th state. The driving forces behind this were the 5 C's and the 5 trails leading to Arizona.



##### Instructor: Al Quihuis

Albert Monreal Quihuis is a multi-award-winning author in three different genres. He is an Arizona native, historian and speaker. Albert started writing multicultural books to inspire people to learn about their history, culture and traditions. Books include "The Legacy Journal", "Journeys to Authorship", "Better Than Me" and "The Sofia", and "Pepe Adventure Series."

#### X2321C - Arizona's National Monuments and Parks

1 Session | In-Person, Tuesday 6/16/2026 at 9 am

##### Program Description

The Preservation effort led to the passage of the Antiquities Act of 1906. It was designed to protect natural, historic, and scientific interest. This is a fantastic virtual road trip to areas of explore and discover Arizona's most unusual geological formations, stunning deserts, mountains, ancient cliff dwellings, and places of historic significance.



##### Instructor: Al Quihuis

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#### X2322C - Honoring Family Legacy, Journey and Stories

1 Session | In-Person, Tuesday 7/7/2026 at 9 am

##### Program Description

In Mexico, the revolution had begun, in Arizona, the Roosevelt Dam was completed and it became the 48th state; and in Europe, World I was looming. Thousands of families left Mexico for the United States. Did they leave because of the war or to seek new opportunities? This is a story of a descendant's search for his family's journey to Arizona, connecting their stories, discovering their contributions, and honoring their legacy.



##### Instructor: Al Quihuis

Albert Monreal Quihuis is a multi-award-winning author in three different genres. He is an Arizona native, historian and speaker. Albert started writing multicultural books to inspire people to learn about their history, culture and traditions. Books include "The Legacy Journal", "Journeys to Authorship", "Better Than Me" and "The Sofia", and "Pepe Adventure Series."

#### X2334C - Route 66: The Quintessential Road Trip

1 Session | In-Person, Thursday 6/11/2026 at 1 pm

##### Program Description

Launched 100 years ago, but decertified as a federal highway 40 years ago, this course will explore why Route 66 remains an iconic American image. It will also consider what the "Road Trip" idea says about us as individuals and as a nation.



##### Instructor: William Gates

Before moving to a senior living facility on the Tempe ASU campus four years ago, Bill was involved in New Adventures for many years, including serving as president and treasurer, and frequently presented classes on American social, political and media issues.

#### X2340Z-NF - Inventions That Changed the World (ZOOM)

1 Session | Online, Monday 6/1/2026 at 11 am

##### Program Description

We're surrounded by inventions. Clocks, appliances, cars, televisions, cell phones... the list goes on and on. Where did all these inventions come from? How do they work? And how do they reflect - even define - the values of our culture? Now, you can learn the remarkable stories surrounding monumental inventions - and how consequential these inventions were to history. Taught by Professor W. Bernard Carlson of the University of Virginia, who is an expert on the role of innovation in history, these 36 enlightening lectures will be presented in Spring, Summer, and Fall terms and give attendees a broad survey of material history, from the ancient pottery wheel to the Internet and social media. Course will be presented online and in-person at the same time.



##### Instructor: Suzanne Brown

Suzanne Brown is a frequent Zoom facilitator and presenter with NFFL. Her experience presenting online and teaching others about online learning covers two decades.



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### X2341Z-NF - What Ifs of American History - A Great Course (ZOOM)

1 Session | Online, Wednesday 6/3/2026 at 11 am

#### Program Description

A Great Course: History may appear logical and even inevitable: Things happened because they had to. But when you go back to examine the great turning points of the past, you quickly discover how choices, chances, and accidents played a huge role in making the world we know today. Politicians, writers, explorers, and ordinary people all make choices that shape history. But examining the moments that define our history raises an important question: What if things had gone differently?



#### Instructor: Suzanne Brown

Suzanne Brown is a frequent Zoom facilitator and presenter with NFLL. Her experience presenting online and teaching others about online learning covers two decades.

### X2701Z-NA - Boeing KC-135 Stratotanker (ZOOM)

1 Session | Online, Tuesday 6/16/2026 at 1 pm

#### Program Description

History of the venerable Boeing KC-135 Stratotanker, which entered service in the 1950s and is now programmed to stay in service for almost 100 years.



#### Instructor: James Evans

Col Jim Evans, CAF Airbase Arizona, is a retired U.S. Air Force Boeing KC-135 pilot with 20 years of experience as a pilot/instructor pilot and Tanker Task Force (TTF) operations officer. Over 4,000 hours of flying time from 1969-1989. Life member of the Tempe Historical Society, the Order of Daedalians and the Air Force Association. Former Museum Director and Docent Program Manager at the Airbase Arizona Museum. He is a long-time student of airpower and military history.

### X3002C - Victory By The Numbers: Fantasy Sports For All

2 Sessions | In-Person, Tuesday 7/13 + 7/20/2026 at 3 pm

#### Program Description

The course tracks fantasy from its roots to modern DFS and dynasty leagues. Students learn and improve sport-specific strategies: NFL volume, NBA "stocks," and MLB's analytical marathon. Beyond stats, the curriculum focuses on league options and "The Commish" toolkit—using handicaps to keep all skill levels involved and the season engaging for all.



#### Instructor: Todd Daniels

Todd is a retired teacher and coach. He currently helps out volunteering when he can and coordinating and supervising exchange students. He has enjoyed playing fantasy sports in his free time.



## A “Thank You Celebration”

<https://NewAdventuresInLearning.org>

### New Adventures In Learning pays tribute to its many volunteers



More than 50 dedicated volunteers gathered at Oakwood Country Club on April 17 for the Volunteer Appreciation Luncheon, celebrating those who help keep the organization running strong. The event brought together council members, presenters, and committee members—each playing an important role behind the scenes and in the classroom.

This annual luncheon is a chance to pause and thank the many volunteers who give their time, energy, and talents throughout the year. Whether they're planning programs, leading classes, or serving on committees, these individuals are truly the heart of the organization. Their efforts help create the engaging, welcoming environment members enjoy.

The event also featured a couple of special guests: CJ Wurster, President, and Ryan Cain, Dean of Student Success & Retention at Chandler-Gilbert Community College. New Adventures is proud to maintain a strong partnership with CGCC through a Memorandum of Understanding, and CGCC's continued

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support plays an important role in the organization's success.

The luncheon had a relaxed, friendly atmosphere, with plenty of time for conversation and connection. Volunteers caught up with friends and reflected on the impact they've had together, underscoring the strong sense of community that keeps people coming back year after year.

During the event, Virginia Allen, president of New Adventures, addressed the gathering, expressing her deep appreciation for the collective effort.



*"New Adventures in Learning is more than a program—it's a model for what lifelong learning can and should be," Allen said. "It shows that education is not confined to a classroom or a particular stage of life but is a continuous journey that enriches individuals and strengthens communities."*

*Continue on the next page*



## A “Thank You Celebration”

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Other leaders also took a moment to recognize that none of this would be possible without such a committed group. Their willingness to step in, help out, and support one another keeps everything moving forward. Several members shared stories about how they first got



involved—each one a little different, yet all reflecting a desire to stay engaged, give back, and be part of something meaningful.

If you’ve ever considered getting involved, now is a great time. Volunteers are always welcome, and there are many ways to contribute. To learn more, contact Vincenza at 480-857-5500 or email [Nail@cgc.edu](mailto:Nail@cgc.edu)

As the luncheon wrapped up, there was a renewed sense of energy and connection.

It was a simple yet meaningful reminder that when people come together to share their time and talents, great things happen.



# *Join us as a Lifelong Learner*



## **Contact Us:**

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Location:

Sun Lakes Center

25105 S. Alma School Road

Sun Lakes, AZ 85248



Hours : Mon-Thu: 8:00am - 5:00pm